

**Medical Alert for: Substitute Teachers-*\*Confidential***  
**Insect Sting/Bite**

**Student:** \_\_\_\_\_ **Teacher** \_\_\_\_\_

This student has an “Emergency Care Plan” on file. A copy is available from the classroom teacher and/or main office.

**To ensure this student’s safety please follow these instructions:**

- Identify who the allergy student is in your classroom/maintain confidentiality.
- Find phone in the classroom and familiarize yourself with how to make a call to the main office.
- Avoid opening windows without screens or propping open doors.
- Student may need temporary alternative educational environment if insects are within classroom (contact the office to address the need to remove them from environment.)
- Environmental measures that may be needed: Avoidance of eating outdoors during bee season;
- Never take a student off campus without administrator’s direct permission (requires access and carrying of medication and appropriate training).
- Make sure other staff members that will be supervising this child are aware of the concern.

**Emergency Instructions:**

For any known or suspected sting or bite:

- Administer prescribed EpiPen/TwinJect if student is unable or not authorized to self-administer, per instructions printed on side of container. If you are not trained by the school nurse on how to administer, contact the office staff immediate administration. (Phone: \_\_\_\_\_.) Note time given: \_\_\_\_\_
- Call 911. (You may be required need to dial 7-911 from your school building.)
- Administer oral medication, if part of plan.
- Stay with student until arrival of 911 personnel.
- Trained office staff should give oral medications prescribed.
- Scrape away stinger with fingernail or plastic card.
- Apply ice/cold compress to site of sting
- Call parents/guardian.

**Signs and Symptoms of allergic reaction/anaphylaxis include:**

Hives/rash/itching	Sweating
Wheezing/difficulty breathing	Anxiety
Tachycardia (fast pulse)	Alteration in pulse or respirations
Swelling	Tightness in the throat
Lightheadedness	Nausea

**Follow Emergency Care Instructions- do not wait for symptoms to occur.**

**Other Student specific needs:** \_\_\_\_\_

*\*This medical information can be shared with staff “who need to know”*