

# Golden Eagle News

May 2007

A Monthly Publication of Ferndale High School



## What's Up?

Read on for . . .

- Culminating Project Info
- Returning Athlete Physicals
- Class Fees Due
- Senior Transcripts
- Healthcare Access/Info.

Also check the FHS web site at [www.ferndale.wednet.edu/fhs](http://www.ferndale.wednet.edu/fhs) for information about the WASL.

## A Note from the Principal:

Our seniors are busy preparing for their Culminating Project presentations scheduled for May 17. We will have two sessions, one in the afternoon and one in the evening. All students will be released at 11:13 on May 17 to allow seniors the campus facilities for their presentations. As we step into our second year of the projects, I am impressed with the quality and ingenuity they represent. From a mock DUI student assembly with local police, fire, airlift and rescue departments, to charitable fundraisers, to developing a website for the Special Olympics, our students have excelled in their commitment to our community.

We welcome you to observe these remarkable seniors as they give their Culminating Project presentations to project boards. This is the final component in their senior project and an important step on the road to graduation. Community members are encouraged to join a presentation panel and the celebration of our students' accomplishments. If you are interested in this opportunity, contact Janell Massey in our Career Center.

Dawn Fairchild

## Mark Your Calendar!

May 17  
May 19  
May 23  
May 24  
May 26  
May 28  
June 2  
June 10  
June 12  
June 16

Culminating Project Presentations- Early Release  
Band/Guard in Port Townsend  
Senior Recognition - Auditorium 7:00 p.m.  
Culminating Project Make-up day -Time -TBD  
Band/Guard in Ski to Sea Parade  
Memorial Day - No School  
Band/Guard at Scottish Highland games  
Baccalaureate - Auditorium - 3:00 p.m.  
All District Band Concert - 7:00 p.m.  
Graduation - Civic Field - 11:00 a.m.



## Culminating Project Information/Schedule

MAY 17 will be the Culminating Projects Presentation Day for Seniors. This will be an early dismissal day for all other students. Following is the schedule:

First period	7:54 - 8:39
Second period	8:46 - 9:31
Third period	9:38 - 10:23
Fourth period	10:30 - 11:13

Actual presentations will start at 12:30 p.m. and 5:00 p.m.

## Returning Athletes' Sports Physicals

There will be a returning athletes sports physical night on Tuesday, May 29, 2007. Cost to register is \$10.00. Students must pick up an eligibility packet and return the completed packet along with the payment to the Athletic Office at Ferndale High School. At that time, we can sign the students up for an appointment. This is for returning athletes only, incoming freshman are required to have a full physical. If you would like further information, please contact the Athletic Office at 383-9249.

## Personal Information and Phone

Our Resource Officer at FHS has received several reports in recent weeks about a phone call from a company collecting personal information regarding students for PSAT testing. He is unaware of any current scams involving this method, but wanted to remind parents of several safety precautions.

1. Do not give out any personal information over the phone unless you initiate the contact with a trusted source.
2. Try to gather as much information from the caller about whom they are employed by, and attempt to gather a call back phone number.
3. Contact police if you feel your personal information has been compromised.
4. If it sounds questionable, it probably is!

## Fines

Fines may be paid in person at the ASB office through June 29 or next August, beginning August 15th or by mail to the ASB Office Attn: Kate Ferry, Ferndale High School, P. O. Box 428, Ferndale, WA 98248.

## Report Card Alert

The tentative date for the final report card is June 30. Final grade report cards **will be held**, if a student has outstanding fines from previous semesters, unpaid class materials fees from the current semester, unreturned books, PE locks, or athletic gear. It is the **student's responsibility** to check the fine list, pay material fees and return all items.

## Class Fees Are Overdue!

If your student is taking any of the following classes, they owe a fee totaling the amount shown. Please send payment immediately. These fees have become fines and grades, transcripts and diplomas will be withheld if left unpaid.

Contact Kate Ferry in the ASB office at 383-9281 if you have questions or want to check on a student's fines.

Art (all classes) \$10.00  
Photo+Graphics \$15.00  
Digital Photo+Graphics \$15.00  
Photo+Graphics 2 \$15.00  
Design & Construction \$10.00  
Advanced Design & Construction \$10.00

Ceramics \$10.00  
Intermediate Ceramics \$10.00  
Advanced Ceramics \$15.00  
Metals Tech \$10.00  
Advanced Metals Tech \$10.00

## District Completes Asbestos Management Plan

On October 22, 1986, President Reagan signed into law the Asbestos Hazard Emergency Response Act (AHERA). AHERA required all schools in the United States to identify the location and condition of asbestos-containing building materials in their facilities. Additionally, the regulation required all schools to develop and begin the implementation of a management plan by July 9, 1989. Asbestos is a natural-occurring, chemically inert fibrous material. It is an excellent insulator and is virtually non-combustible. For many years, asbestos was used in public buildings because of the benefits provided as a thermal and acoustical insulating material.

The AHERA legislation required all local education agencies, including the Ferndale District, to conduct inspections to locate asbestos-containing building materials. The inspections were conducted by certified asbestos inspectors and samples were analyzed by accredited laboratories. Based on the results of the inspections and laboratory analysis, the district has developed a management plan, which includes reports of inspections, training for maintenance and custodial staff, and summaries of asbestos abatement activities. The plan is now on file with the Superintendent of Public Instruction. A copy of the plan is also available in the office of Ron Cowan, Assistant Superintendent for Business & Support Services, at the district's central office. Individual building plans are on file in each school building.

## Ferndale Community Garden

The Small Potatoes Gleaning Project makes healthy food accessible to all by focusing on equitable distribution and contributing to the development of a community food system in Whatcom County. Small Potatoes works with local farmers, food services agencies, and volunteers to identify surplus produce on local farms then gleans and distributes the produce to local agencies. We promote the self-reliance of individual community recipients by involving them in gleaning, food preservation, and providing education on healthy nutrition.

We would like to start a community garden in Ferndale in the spring of 2008. At this point we are looking for anyone interested in participating in this project. The participation of a broad cross-section of the community is essential for the project to be representative and contribute to the growth of Ferndale's community food system. In order to achieve this goal a central location with access to water and parking is needed. It would be nice to have good soil to start with, we can always build that up, but sun exposure is paramount to the garden's success.

A community garden is a place where neighbors gather to grow food: providing fresh produce for themselves, urban greening, and an opportunity to get to know each other and improve their community. LET'S GET GROWING!!!! Contact Andrea Traner at [almaness@yahoo.com](mailto:almaness@yahoo.com) or 360-384-0570.

## Athletics 2007-08

Ferndale High School Athletes:

Athletic clearance for 9th-12th grades will take place on Wednesday, August 15th in the student lounge from 8:00 am-12:00 noon.

All athletes must purchase an ASB card, pay their fines and turn in their eligibility packet with a completed physical at the time of athletic clearance. No athlete is allowed to practice without a clearance slip from the athletic office.

### Football - 1st day of practice

10th-12th grades	August 15th 3:00 pm	Jamie Plenkovich	961-5131
9th grade	August 20th 3:00 pm		

### Fall Sports - 1st day of practice August 20, 2007 at 3:00 pm

Cross Country	Allison Porter	383-9280
Girls Soccer	Shelly Chambers	656-3571
Boys Tennis	Rudy Vendiola	383-9540
Volleyball	TBD	
Girls Swimming	Mary Guest	383-9897

## Senior Transcripts

Final Transcripts will **only** be sent to students who complete a transcript request form. Print and use the form below to request a transcript. Forms must be turned in no later than **June 20, 2007**. Transcripts may be requested to more than one college. Students with outstanding fines/fees or unreturned books/athletic gear will **not** have transcripts released. If you have any questions, contact Mrs. Yale, FHS Registrar, at 383-9253.

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FINAL TRANSCRIPT REQUEST  
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Student Name \_\_\_\_\_ Summer Phone \_\_\_\_\_

Send Final Transcript to \_\_\_\_\_

Address of College \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Date \_\_\_\_\_ Student Signataure \_\_\_\_\_

# Need a Sports Physical?

To participate in public school sports programs, your child must have a physical exam within the last 12 months.

Sports physicals are different than complete physicals, which emphasize prevention and health education.

Most family doctors recommend that children over the age of 14 have a complete physical at least every two years.

## No Health Insurance for your child? There is help.

Washington State offers health insurance to children of all ages. Did you know that a family of four can make \$4300 a month & still qualify?

Call 715-6594 to see if this is an option for your child. Applying is easy!

The Whatcom Alliance for Healthcare Access (WAHA) is a nonprofit community service that helps families look at their options (both state and commercial plans) and complete applications.

## Most types of health insurance don't pay for sports physicals

Complete physicals are covered by insurance,  
usually without a co-pay.

The easiest & best way to clear your child to participate in sports is to give them the benefit of a complete physical every year, which can be scheduled in the summer before school begins and is valid for sports participation all year.

1. Call your child's primary care doctor.
2. Ask to schedule a complete annual physical.
3. Present your child's insurance coverage at registration.
4. Ask the doctor to complete the school's physical form.
5. It is important to remind the doctor to give your child a complete physical and not just review the things requested on the form.

***But practice starts in a week and our doctor doesn't have an appointment that soon. What do we do?***

- Ask your child's school if there are any sports physical clinics planned.
- Ask if your doctor can schedule sooner for a sports physical and what it will cost if your insurance doesn't pay for the visit.
- Call the walk-in clinics listed on the back of this sheet to see if they schedule complete physicals. If they do, make sure they accept your insurance without a referral.

Whatcom Alliance  
  
for  
Healthcare Access  
**715-6594**  
**waha@hinet.org**  
**www.WhatcomAlliance.org**

# Clinics for Urgent Care in Whatcom County



## Walk-In Health Clinic

4029 Northwest Ave  
Bellingham, WA 98226  
(360) 734-2330

Hours: 8am - 6pm M-F  
8:30am - 5pm Sat-Sun

- Open DSHS coupons
- Medicare
- Molina & CHPW not accepted

## Express Care

4280 Meridian St Suite 120  
Bellingham, WA 98226  
(360) 734-4300

Hours: 8am-8pm M-F  
9am-5pm Sat

Commercial Insurance Only

## Village Family Medicine

910 Harris Ave Suite 102  
Bellingham, WA 98225  
(360) 734-2131

Hours: 9am-6pm M, T, Th, F  
9am-4pm W

- Primary Care/ Urgent Care
- Open DSHS coupons
- Molina & CHPW not accepted



## Health Access Services

WAHA Health Access Services are for anyone in Whatcom County who wants assistance getting insurance and Healthcare. WAHA's professional staff and trained volunteers offer telephone consultation and one-on-one assistance to help you understand insurance options for your family and establish a *medical home* for your children.

- Go to [www.WhatcomAlliance.org](http://www.WhatcomAlliance.org) to find easy-to-understand and impartial health information.
- Call 1-800-562-6900 to have your health insurance questions answered at the Statewide Health Insurance Benefits Advisors (SHIBA) HelpLine.
- Make an appointment with a WAHA Access Coordinator at (360) 715-6594 to get assistance completing paperwork and connecting with other community programs, including language services, pharmacy resources, and transportation assistance.
- Email the Access Coordinators with your questions or to make an appointment at [AccessCare@WhatcomAlliance.org](mailto:AccessCare@WhatcomAlliance.org)

## School Board Members

**Mr. Stu McKay**  
2950 Aldergrove Rd.  
Ferndale, WA 98248  
384-5372 (home)

**Mr. Norman Robertson**  
P.O. Box 104  
Ferndale, WA 98248  
384-3161 (home)

**Mrs. Lee Anne Riddle**  
5039 Waschke Rd.  
Bellingham, WA 98226  
384-9051

**Mr. Bernie Thomas**  
4638 Lake Terrell Rd.  
Ferndale, WA 98248  
384-1035 (home)

**Dr. John Hruby**  
7401 Valley View Road  
Ferndale, WA 98248  
366-5059 (home) or 384-1511 (work)

**Ferndale Schools . . . Our Students Come First!**